

Rochester Council on Aging (RCOA)  
Board of Directors' Meeting  
67 Dexter Lane  
Rochester, MA 02770

July 12, 2023

In Attendance: Pauline Munroe, President, Mary Bessey, Treasurer, Sandy Charron, Andrew Revell, Pat Joy, Marjorie Barrows, Michael Daniel, Eric Poulin; Director, Ann Soares; Clerk, Activities, Carol Galante-Dias; Administrative Assistant, Lorraine Thompson; Outreach Coordinator

Absent: Marjorie O'Brien, Sue Norton

Board of Directors' meeting called to order at 9:18 a.m. with confirmation of a quorum.

- I. Motion to accept minutes of Board of Directors' meeting held June 14, 2023 by Andrew Revell, Seconded by Mary Bessey, passed by unanimous vote.
- II. Treasurer's Report- Mary Bessey reports the Sunshine fund remained the same as last month. Ann Cambra, Friend's Treasurer submitted a quarterly report from the Friends and Family Cafe. Eric Poulin reports beginning FY23 with \$335,159.00 with expenses thus far of \$312,139.06 leaving a balance of \$23,019.94. Motion to accept treasurer's reports made by Andrew Revell and Seconded by Marjorie Barrows. Motion passed by unanimous vote. Eric Poulin states that he applied for a Coastline Title 3 grant which, if granted, would allow for us to continue to pay for our Strength and Stretch class. He stated that along with Town Nurse Connie Dolan he was working to set up a Flu Clinic in October and was able to secure \$10,000 from the National Council on Aging to pay for additional flu doses this year. There was also a discussion about the new policy which raises fees for out-of-town residents to participate in activities like field trips. The price now for out-of-town residents joining town residents on a field trip will either be \$10 or \$20 depending on distance traveled with the higher amount for trips that are more than 50 miles away from the senior center.
- III. Director's Report
  1. Transportation & Triad- Carol Galante-Dias states that in 2020/2021 there were 10,926 miles placed on all vehicles. In 2021/2022, 28,702 miles and currently 2022/2023 saw more than 6,000 added, ending the year with 35,338. Eric Poulin states that he is considering applying for another grant for a minivan in the fall. Carol stated that she would like to begin a new program to attract some individuals who might not see our COA otherwise. She will be sending letters to homebound seniors for our vans to visit their home to offer a drive around town, a lunch at the COA and a tour of the COA to see our programs. A handout with information about our TRIAD was distributed to the Board.
  2. Outreach Report-Lorraine Thompson submitted a report detailing her June Outreach activities and visits and there were no questions.

3. Monday Lunches for June Summary: Collected \$515 with expenses of \$375.52 leaving a net of \$139.48.
  4. Check-Ins for June Summary- Record breaking check-ins at the COA with 328 unduplicated. A record for the month of June and for any month overall since we started collecting data on such going back to June 2009. Eric Poulin stated that while attendance was great overall that one specific program, the fitness room, was only garnering an average of 4 people visiting per day. He will be keeping an eye on this because as we continue to grow, we will have a need for additional space and may have to convert this space to accommodate better attended programming.
  5. Marketing-EOEA Interns- There are several households in town with residents 60 or older that currently do not attend meals or programs at the COA. We will be working with our interns on a marketing campaign to reach out to these individuals. They will be mailed information about the COA along with a survey that will try to determine if there are needs that we aren't meeting, which if met, would lead to their attendance at the COA.
  6. Activities-Ann Soares stated that the trip to the Cape Cod Canal was handled by Tom Hopkins and Mike Rocha, both drivers, while she was on vacation. Mezzaluna restaurant and a rebook of the trip has been made by popular demand on July 25th with 3 vans. Thursday saw Activities with the program Hand and Foot and a wonderful clam boil for our Veterans with chefs Mike Daniel, Mike Cambra and Kenny Vieira. The Veterans really enjoyed their evening. One veteran, Eben Bumpis, donated clams and fish to the evening so a heartfelt thank you was sent. July trips are Foxwoods 7/15, Vet trip on 7/17 to USS Massachusetts and surrounding venues with a lunch at Barrett's Waterfront restaurant. Also, a 7/18 trip to Rochester library, Boston Tavern and Tom Thumb Museum. On a Saturday, once a month, we will offer a bingo. August will see a trip to the New Bedford Whaling Museum and August 3 is the next Veterans' social. A reminder about the Beachside Art Show, August 24th, applications are currently available to artists, a flyer is being worked on and we are looking for help doing decorating, serving, etc. Our Friends' group has applied for a one-day liquor license for this evening art show.
- Mail correspondence- no
  - Acceptance of Donations- Motion to accept donations made by Mary Bessey, Seconded by Sandy Charron with unanimous vote.
  - Volunteer updates- Kitchen freezer cleanup, Mike Daniel states that he has been going through the freezer and it is in good shape noting that items are being rotated on a regular basis. There was a surprise kitchen inspection by the town and Kenny Vieira was able to answer all questions easily and we received an excellent review.
  - Public Comment - none
  - Adjournment- Motion to Adjourn made by Andrew Revell and Seconded by Pat Joy, unanimous vote at 10:20 a.m.