

Rochester Council on Aging (RCOA)
Board of Directors' Meeting
67 Dexter Lane
Rochester, MA 02770

April 13, 2022

In Attendance: Michael Cambra; Vice President, Woody Hartley, Marjorie Barrows, Mary Bessey, Marjorie O'Brien; Secretary, Sue Norton; Treasurer, Eric Poulin; Director, Carol Galante-Dias; Administrative Assistant, Lorraine Thompson; Outreach Coordinator, Ann Soares; Clerk

Absent: Pauline Monroe; President, Andrew Revell

Call to Order – With confirmation of a quorum, Michael Cambra called the April 13, 2022 RCOA Board of Directors' Meeting to order at 9:02 a.m.

- I. Approval of the March 9, 2022 Board of Directors' Meeting Minutes-Marjorie Barrows motioned to accept the minutes of the March 9, 2022 Rochester Council on Aging Board of Directors' Meeting. Seconded by Mary Bessey, unanimous vote with 1 abstention from Sue Norton who was absent from the March meeting.
 - II. Treasurer's Report, Sue Norton reports the Sunshine fund had no change with a balance of \$63.75. Collection will take place at next month's meeting. Motion by Woody Hartley to have dues set at \$25.00, Seconded by Mike Cambra, unanimous vote. COA Budget of \$294,699 on July 1, 2021, expenditures of \$196,490.78 leaving a balance of \$98,208.22 for the remainder of the fiscal year. Motion to accept the Treasurer's Report made by Sue Norton, Seconded by Woody Hartley, unanimous.
 - III. Director's Report – April 11th Easter luncheon hosted by Mike and Ann Cambra was a success with congratulations on a job well done by many people. A special thank you extended to Mike & Ann Cambra and all who assisted.
1. Transportation- Carol Galante-Dias reports over 1,700 trips and 22,000 miles traveled to date/since July 1. This past month alone over 200 trips and 2,300 miles. Trips have been planned; May 12, Cape Cod Museum of Art for the Monday Morning Painter's group, May 13 for the line dancers to Norwood, May 31 to the Van Gogh Exhibit in Providence. On June 14, Cape Cod Cultural Center for the painter's group, June 17 to the Celebration of Seniors at White's of Westport. On July 22 a Charles River Cruise and in September to the Southwick Zoo dates TBD. Carol Galante-Dias is taking a transportation course online through UMass Boston for her position, she reports that it is going well. Question posed by Woody Hartley as to adding a whale watch trip? Captain John Boats out of Plymouth offers these excursions. Carol will follow up further. Eric reports that van number two is now over 100,000 miles and a future goal would be for

replacement. We would also like to add a SUV to our fleet and have visited Adaptive Mobility in Seekonk to check their inventory and pricing.

2. Outreach-Lorraine Thompson has been busy doing nursing home visits and house calls. She reports we have lost three seniors this month over 90 years old.
3. Coastline- there is a conference planned for June 17th at Whites of Westport. Mike Cambra's time serving on that board is up and will have Eric Poulin take his place. There is a May fundraiser for Coastline posted on our bulletin board at Round the Bend Farm in Dartmouth. Eric Poulin states that receptionist Karen Cole, hired through Coastline, has resigned again. He is utilizing rotating volunteers to fill her role with one new person, Shirley Jones, who is skilled in all things Microsoft Office and has shown to be an asset already.
4. Activities- Eric Poulin states that today is the last day of AARP tax prep. People at Bingo appear to really enjoy the new Bingo system and room set-up. On Thursdays the Zumba program has become very popular.
5. Monday lunches for March Summary- March 7th Pampered Chef lunch \$44.00 collection with cost of \$35.47 leaving \$8.53 profit. March 14 corned beef dinner hosted by Lorraine Thompson and volunteers \$520 collection cost \$317.46 leaving \$202.54 profit. March 21 lunch hosted by Marsha Hartley and volunteers \$80 collection \$78.55 cost leaving \$1.45 profit. March 28 Birthday celebration hosted by Kenny and volunteers \$130 collected \$88.10 cost leaving \$41.90 profit with month end results of \$765 collected, \$510.58 cost and profit of \$254.42.
6. Kitchen - March 23rd & April 14th- Labeling of items in the fridge has improved. Rachel (organizer) suggested a color coded sticker with one group per color. Any foods left in the fridge not clearly identifiable for a specific group is fair game for anyone's use. There is a communication board on the door to leave messages for all.
7. Board Membership Subcommittee composed of Margie Barrows, Margie O'Brien and Sue Norton reported that there were 6 applicants who were all qualified to fill the two positions. Margie Barrows reports that everyone was wonderful and that the board has recommended Sandy Charron to fill the seat when Woody Hartley completes his term (3 years). A heartfelt thank you to Woody for serving 9 years on this board and for his guidance throughout. The subcommittee also recommended Patricia Joy to complete the term (2 years) of Patricia Ryan who resigned from the Board due to health issues. Motion made by Marjorie Barrows for the full COA Board to accept the subcommittee's recommended members, Seconded by Sue Norton, unanimous vote. These appointments will be sent to the Select Board's office for their April 25th agenda. Pauline Munroe and Mary Bessey will retain their seats for another term. Motion made by Sue Norton to accept their nominations, Seconded by Woody Hartley, unanimous vote.

8. Building updates- Eric Poulin reports new equipment added to our facility. New blood pressure cuff monitors and oxygen monitors in the fitness room, main office and nurse's office. A television was installed in the conference room. The French Class will be using this for YouTube videos. The fitness room also received a \$200 donation to put toward a television as well. The seniors using the fitness room pay \$10 a month for use and there was almost \$5,000 in that account so a new rowing machine was added, a small fridge, scale, and a new cabinet for free weights. Mr. Grenier completed the painting of the main office area. New furniture arrived for the reception area and Eric has made our COA less cluttered in appearance. Sue Norton asked for an update on our security cameras. Eric Poulin states that their approval is not final yet and we need to wait for town meeting(s). Also noted on the equipment in the gym: all equipment is static with no motors per advice of town counsel (no treadmills or ellipticals). Eric Poulin states that he will replace the stationary exercise bicycle which was not working correctly and was beyond repair. We will also look into the cost of re-upholstering equipment that has duct tape on it.

Mail/Correspondence- none

Acceptance of Donations-\$200 anonymous donation - Motion to accept anonymous donation by Woody Hartley, Seconded by Sue Norton, unanimous vote.

Staff and Volunteer update- Eric Poulin received a request from Jeff Eldridge to use our facility for the Town Boat Race: 5/20 for sign-ups, 5/28 for Ham & Bean Supper and 5/30 for awards ceremony. Sue Norton made a motion to allow the Rochester Fire Department to use the facility for the boat race with any fees waived, Seconded by Marjorie O'Brien, unanimous vote.

Other Board Member Discussion- Woody Hartley stated that the COA has customarily held a candidates' night usually 2 weeks prior to elections. Mike Cambra will be the moderator. COA will send out invitations to candidates.

Mike Cambra mentioned that the expansion of the COA building will be going to the public for a vote at some point in the future and the Board's goal should be to not alienate groups in town, referring to the Board's previous Cub Scout decision on use of our building. Woody Hartley states that 65% of all scout groups are hosted by organizations of faith, 24% are hosted by civic organizations like a Rotary Club or Lions, 11% are hosted by educational organizations and that there is a difference in using the building once a year to once a week in perpetuity. Woody suggested having town counsel invited to a future meeting for advice. A discussion of Building Use will be included on the May agenda and Town Counsel will be invited.

Public Comment- none

Motion to adjourn at 9:52 a.m. by Woody Hartley, Seconded by Sue Norton, Unanimous.