

Press release

The Rochester Council On Aging

The Rochester Council On Aging continues to provide assistance to seniors in town. The COA building remains officially closed to the general public.

Staff are working onsite and remotely during this time. Limited face to face meetings are available by appointment only. Face coverings and a temperature below 99.14 are required to enter the building or to ride any of the COA vans. All should continue to be mindful of social distancing guidelines.

In observance of Arbor Day (although be it a little late) the Senior Center continued the distribution of Blue Spruce trees to Rochester Memorial First Graders. Many trees have been planted over this 30 year tradition. These are truly enjoyed by students, parents and the community. If we happened to have missed you, please call the COA and we will arrange for pick or delivery.

Many seniors have been receiving "Friendly Caller" telephone calls from Program Assistant Edna Holmstrom. It is always good to connect with a friendly voice! If you know of someone who would enjoy a call, please let us know.

AARP Tax preparation and the RN Blood Pressure clinics are planning to return soon. We will keep you posted as to the schedule.

The COA continues to support food and nutritional needs with pick up or delivery available. This month's Greater Boston Food Bank delivery will be on June 10 from 12 – 2pm. Also through a Grant from Coastline Elderly Services, Inc. additional deliveries of meat boxes and liquid supplements have been provided. Another option is to have one of our volunteers take your grocery list, shop for you and deliver items to your home. Please call and leave a message for Outreach Lorraine Thompson if you are interested in any of these programs.

Special thanks also go to individual community members and groups who have donated to the food needs of Rochester residents. Due to their kindness food cards from area grocery stores have been distributed to many. Their kindness is invaluable and very much appreciated by the COA and senior residents of our town.

Also, Thank You to the thoughtful couple who donated a wheelchair accessible picnic table. We are all looking forward to barbecue season!

If you know of someone we may have missed for any of these services - please let us know. We will connect with them and invite them to participate

Telephone calls are always welcome at 508-763-8723. We would love to hear from you, leave us a message and we will call you back!